

CAMPAIGNING FOR NONVIOLENT CHANGE

Participants are able to

- facilitate the planning process of a nonviolent campaign in their own contexts
- select creative forms of actions for successful and sustainable campaigns

Successful nonviolent movements are not just reacting on their opponents, but use operational planning and develop campaigns to put their activists on the offensive.

The training will focus on the planning process for a nonviolent campaign: How to pick the right campaign and formulate demands? How can we plan and then handle dynamics of political campaigning? Can we find consensus for “nonviolent discipline”, and how to make everyone do the right thing at the right time? How to develop creative actions and create strong images? How should we communicate with authorities and opponents, and lead negotiations? How do we ensure sustainable change after the campaign is over?

The training is for activists, organisers and leaders as well as peacebuilders and trainers involved in nonviolent movements, who want to plan and coordinate successful nonviolent campaigns and/or facilitate others to do so.

Trainers: Mai Ali, Thimna Bunte, Julia Kramer

Date: 09–13 March 2020

***MAI ALI** is a trainer for nonviolence and digital security, a human rights defender and computer engineer. Originally from Omdurman, Sudan, she is currently living in Berlin. She is active for just peace and human rights in Sudan as well as for refugee rights in Germany and Europe.*

***THIMNA BUNTE** is a former civil peace worker for KURVE Wustrow in Palestine. She accompanies, advises and trains actors and initiatives of nonviolent resistance and conflict transformation.*

***JULIA KRAMER** is a trainer and advisor on nonviolent conflict transformation at KURVE Wustrow. Her expertise includes project and security management, campaigning and human rights.*

COUNSELLING IN TRAUMA AND STRESS

Participants are able

- assess the effects of traumatic events and adequate responses;
- reflect upon their own role as the counselling person;
- take care of their own needs as caregiver.

Understanding the emotional effects of conflicts and disasters on their victims and responding to the victims` needs are crucial capacities for peace workers and staff of NGOs working in conflict areas and disaster situations.

In this training you will get familiar with the emotional responses to traumatic events, effects of traumatic events on specific vulnerable groups and the social impacts of trauma. Further, the role of the counselling person and the work with victims will be explored and special attention is given to the needs of the caregiver.

This training course addresses staff of NGOs and peace workers who experience or need to assist in traumatic and stressful situations within their work.

Trainers: Ruth Mischnick

Date: 16–20 March 2020

***RUTH MISCHNICK** studied law and psychology before she worked in crisis and conflict areas. Her focus is on nonviolent conflict transformation and trauma work. She teaches mediation at a university in Vienna.-*

PROJECT MANAGEMENT

Participants are able to

- assess the strengths and weaknesses of selected project management approaches and tools
- select the relevant and appropriate tools for their project context
- apply key elements of selected project management tools

Peace work needs proper planning, monitoring and evaluation in order to be able to contribute positively towards conflict transformation. In this training we will deal with questions about effective ways to promote peace and respective tools are offered to find valid answers. These approaches and tools range from Outcome Mapping to “Do no harm” and “Reflecting on Peace Practice”.

Participants will gain insights into selected tools and have the opportunity to apply these tools to their own projects and/or case studies. Participants will assess the strengths and weaknesses of these tools in order to choose and adapt the right tools for managing their peace projects.

The training is relevant for all who intend to engage in or are already in a position to coordinate peace projects.

Trainers: Gesa Bent, Jochen Neumann

Date: 23– 27 March 2020

***GESA BENT** is a trainer and moderator working to create learning spaces for civil society organisations, movements and networks. Her focus is on strategy design, project management and international advocacy, combined with extensive experience in the field of gender, peace and security.*

***JOCHEN NEUMANN** is a trainer in nonviolent conflict transformation and director of KURVE Wustrow. He worked on mediation and reconciliation in South Africa and implemented „do no harm“ at a human rights organisation.*

GENERAL INFORMATION

The trainings take place at the training centre of KURVE Wustrow in the Wendland region, in the North of Germany close to Hamburg and Hannover.

Each training lasts five days, from Monday 12:00 h until Friday 13:00 h. The trainings are held in English and are open to international participants.

Participation fee:

1.500,- Euro for organisations

1.000,- Euro for single persons

750,- Euro reduced fee for individuals (on enquiry)

The fee includes training material, vegetarian food and lodging in dormitory style. If lack of funds is an obstacle to your participation, please let us know. Depending on availability of funds, we may be able to offer reductions on the participation fee.

Applications should reach us as soon as possible, for participants in need of a visa or financial support the latest by 03 November 2019, for those without visa requirement the latest by 15 December 2019.

Please use the application form on our website:

<https://kurviewustrow.civiservice.de/civicrm/event/info?id=45&reset=1>

or contact our training unit: **pt@kurviewustrow.org**

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PRACTITIONER TRAININGS
FOR NONVIOLENT CONFLICT TRANSFORMATION

February–March 2020
7 weeks – 7 different topics
individually bookable

INTRODUCTION TO SECURITY

Participants are able to

- analyse the ways in which they as individuals and their groups, movements or organisations respond to risk
- carry out an in-depth context analysis with a view to improving security practices
- create basic security plans and protocols for common or high-risk aspects of their work
- know and choose secure practices and tools according to their own situation and capacity.

Activists and peace workers face many dangers in their work. This training combines physical, psychosocial and digital elements of security into an integrated approach to improve participants' ability to think critically and act to improve the security of themselves, their communities, and families.

This training takes an approach which aims to redefine security in the context of peace work, reclaiming the concept from statist and militarist associations. Participants will understand and define 'security' for themselves in the context of their activism.

A special focus will be given to high risk activities like demonstrations, nonviolent actions, monitoring and documentation, but also to secure one's ways of communication.

Participants will learn to assess their own security situation and identify areas for improvement, as well as entry points to security strategies and plans for relevant aspects of their work.

Trainers: Marianne Koch, Peter Steudtner

Date: 10–14 February 2020

MARIANNE KOCH is a trainer, moderator and mediator. Due to her engagement in social movements she is highly experienced in moderation of political groups and civil disobedience.

PETER STEUDTNER is a trainer in nonviolent conflict transformation and a photographer / filmmaker. His trainings focus on integrated security for activists.

APPLYING DO NO HARM

Participants are able

- to apply the Do No Harm tool to a real project;
- to assess the strengths and weaknesses of the Do No Harm approach in comparison with other tools they know;
- to integrate Do No Harm into existing project management procedures.

We want to do good, but might do harm instead. How can we avoid doing harm? The Do No Harm approach was developed by many practitioners engaged in development work and humanitarian assistance to give an answer to this question. Nowadays it is used by many organisations, also particularly in peace and human rights work.

In this training the Do No Harm tool will first be presented by the trainers using a case study. Then participants will be supported in applying the tool to their own projects. In a confidential setting (based on Chatham House rules) the critical details of the project design will be identified and options for a conflict sensitive and effective re-design will be developed.

The training is relevant for all who coordinate projects and intend to apply the Do No Harm tool to their own – which might be projects with a focus on peacebuilding, development or humanitarian assistance.

Trainers: Wolfgang Heinrich, Jochen Neumann

Date: 17–21 February 2020

WOLFGANG HEINRICH worked in 1996 for the „Local Capacities for Peace Project“, through which the Do No Harm-Approach was developed. Since then he was active in the implementation, testing and shaping as well as the dissemination of it. He is a Do No Harm-Trainer and employed by Bread for the World—Protestant Church Service. He supports local organisations in South Asia and the Horn of Africa in mainstreaming the Do No Harm-Approach.

JOCHEN NEUMANN is a trainer in nonviolent conflict transformation and director of KURVE Wustrow. He worked on mediation and reconciliation in South Africa and implemented Do No Harm at a human rights organisation.



COMMUNICATION SKILLS

Participants are able to

- to assess the strengths and weaknesses of communication
- to analyse and distinguish the layers of verbal and non-verbal communication
- to analyse the communication in a given situation and to react and act in a constructive manner
- to communicate using nonviolent communication methods e.g. active listening, reflection and mediation

Peace work without appropriate communication is impossible. Many phrases can stabilise or destabilise a situation. Successful peace processes are based on an appropriate and respectful communication.

This training gives an introduction into various forms and formats of communication; it is not an in depth training or any single approach. Rather participants will gain insights into selected methods and have the opportunity to apply these methods to their own communication and/or case studies. Key methods used are active listening, reflection, non-violent communication according to Marshall Rosenberg and the phases of mediation.

Participants will assess the strengths and weaknesses of these methods in order to enrich their constructive communication. The training is relevant for all who are involved in peace work and need to communicate constructively with respect and authenticity.

Trainers: Dorothea Giesche von Rüden, Mehrangiz Maki

Date: 24–28 February 2020

DOROTHEA GIESCHE is a trainer in nonviolent conflict transformation, anti-bias and gender, a mediator, working with psychotherapy. She brought the anti-bias approach from South Africa to Germany and worked in a number of human rights projects in South Africa and beyond as an international violence and election observer.

MEHRANGIZ MAKI is a social worker, systemic family therapist and mediator. Originally from Iran, she lives in Berlin for many years. She works with women and girls from diverse backgrounds, accompanies refugees, and works as a case worker.

FACILITATION AND TRAINING SKILLS

Participants are able to

- assess their own strengths and weaknesses as a facilitator of trainings for adults
- better design trainings that are based on key principles of adult learning and the concept of Action Learning

Facilitation skills are essential for everyone who wants to work with people and support communication processes. Training is a very sophisticated form of communication and is aimed at facilitating learning.

Participants will gain an overview of learning theories, principles of adult learning and a selection of training concepts like Action Learning and Comfort Zones. Moreover, the design of this training will be critically reflected in order to assist participants in designing and conducting trainings themselves.

Additionally participants will get an opportunity to demonstrate their skills as a facilitator including a video recording for self-reflection and if requested with feedback from trainers.

Trainers: Claudia Frank, Jochen Neumann

Date: 02–06 March 2020

CLAUDIA FRANK facilitated strategy development processes of civil society actors initiating business dialogue on land use and just compensation. She was a coordinator of the Civil Peace Service Programme of KURVE Wustrow and now is working with Bread for the World in Berlin.

JOCHEN NEUMANN is a trainer in nonviolent conflict transformation and director of KURVE Wustrow. He implemented “do no harm” at a human rights organisation.